



PRESENT PERFECT PROGRESSIVE TENSE

This tense describes an action that started in the past and it's still going on at the present moment or the action has an effect on the subject being referred to.

Examples:

I'm tired, I've been working all day.

In this example, the speaker is tired now because they started working at some time in the past and they are still tired. We don't know if the person stopped working or if they are continuing to work.

I've been writing all day long, my fingers are sore.

In this example, the person started to write at some point in the past which continues to affect the conditions of their fingers, that is they are sore. We don't know if the person finished writing or not.

A: Juan, have a beer.

B: No thanks, I've been drinking all day.

In this example person B is refusing a beer because they were drinking all day and now person B wants to stop drinking.

A: How long have you been waiting for her?

B: I've been waiting for her for a half an hour and she still isn't here.

In this example person B started waiting for a woman at some point in time in the past, but person B is still waiting because the friend hasn't arrived yet.

A: You look awful! What's wrong with you?

B: I've been feeling really bad lately, I think I'm sick.

In this case person B started feeling sick at some point in the past, but they are still feeling sick at the present time.

A: Hey, your English is great! How long have you been studying it?

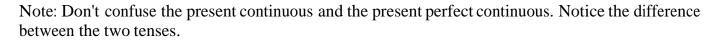
B: I've been studying English for two years now.

In this example person B started studying English two years ago and he/she is still studying English now.

The structure for the Present Perfect Continuous Tense is as follows:

SUBJECT	+ HAVE/HAS BEEN	+ VERB IN ING	+ COMPLEMENTIZER
Ι	have been	dating	her for a long time.
You	have been	eating	since 12:00 PM.
She	has been	singing	since she was a child.
He	has been	swimming	all day.
It	has been	raining	since this morning.
We	have been	watching	a good movie.
They	have been	dancing	all night.

Grammar



PRESENT CONTINUOUS:

Examples: Turn the stereo off please, I'm studying. I'm writing a letter. I'm cooking right now. In the above examples the action is continuing at the present moment without reference to the past.

PRESENT PERFECT CONTINUOUS:

Examples:

I've been studying for two hours. I've been writing a letter for the last hour. I've been cooking since 12:00 P.M. In these examples the action is continuing, but the speaker has given a point of time in the past as a reference of when the action started. The negative form of the present perfect continuous is as follows:

Examples:

I haven't been dating her for a long time. You haven't had anything to eat since 12:00 P.M. She hasn't been singing since she was a child. He hasn't been swimming all day. It hasn't been raining since this morning. We haven't seen each other for a long time. They haven't gone out for quite awhile.

Note: It is more common to use the contracted form of have not.





Quiz A



Select the correct form of the present perfect progressive tense: **have been** or **has been**. Pay attention to the subject of the sentence.

Examples:

She _____ waiting for a long time. She **has been** waiting for a lot lately.

- 1. My mother ______ reading that book for a long time.A. has beenB. have been
- 2. It ______ raining a lot lately. A. have been B. has been
- 3. They ______ coming to this bar for many years.A. have beenB. has been
- 4. They ______ drinking beer since they got here.A. have beenB. has been
- 5. My son ______ taking piano lesson for many years. A. have been B. has been
- 6. He ______ singing that song for the last two hours. A. have been B. has been
- 7. It ______ snowing all day long. A. have been B. has been
- 8. We ______ waiting for this moment for a long time. A. have been B. has been
- 9. The car ______ without any problems. A. have been B. has been
- 10. The car ______ sitting in the garage for a week now.A. have beenB. has been
- 11. We ______ playing pool since five o'clock.A. have beenB. has been

12. Professor Clarke A. have been	teaching this course for many years. B. has been
13. My dog A. have been	barking since it heard a strange noise. B. has been
14. Charles	working here for many years.
A. have been	B. has been
15. The boys	coming to our club since 1989.
A. have been	B. has been
16. Peter	the president of our club for some time.
A. have been	B. has been
17. We	doing yoga for a couple of years.
A. have been	B. has been
18. They	watching TV for several hours.
A. have been	B. has been
19. My parents	studying Spanish for some time.
A. have been	B. has been
20. We	going out for the last three months.
A. have been	B. has been





Fill in the blanks with either "**for**" or "**since**" according with the information you have in the sentences. *Examples:*

I've been watching this movie ______ the last forty minutes. I've been waiting for the bus **for** two hours.

1. I have been waiting for the train ______ two hours.

- 2. I have been living in New York _____ 1070.
- 3. He has been studying English _____ he was in high school

4. My parents have been living in Florida ______ they retired.

- 5. We have been married ______ twenty-five years.
- 6. It has been raining _____ yesterday.
- 7. I have been working here ______ ten years.
- 8. I have been living by myself _____ I turned 18.
- 9. We have been waiting for this package ______ ten days.
- 10. My family and I have been staying in this hotel _____ one week.
- 11. We have been taking Spanish lessons ______ we visited Spain.
- 12. I have been working in this project _____ early this morning.
- 13. I have been going to the gym _____ two years now.
- 14. He has been learning how to drive a car _____ last year.
- 15. My mother has been working for the bank ______ she was 21.
- 16. I have been writing this book ______ five years.
- 17. He has been teaching English in this school _____ 1976.
- 18. He has been driving a truck ______ twenty years.

19. You have been doing this exercise ______ 30 minutes.

20. I have been learning many things _____ I got this job.