

Water is Good for your Health

Jessica drinks water every day. She carries a bottle of water with her everywhere she goes. Water is good for you to drink. She likes soda but her mom says it is not healthy to drink all the time. She says that it is bad for your teeth because it has too much sugar in it. Jessica's mom doesn't let her eat a lot of candy either. If she wants something sweet, she eats an apple. She likes to eat vegetables with every meal. She likes green vegetables the most. Peas are her favorite vegetable. She does not like



carrots. Her mom says that carrots are good for your eyes. She would rather eat peas.

A. Give full answers to the following questions.

1. Who drinks water every day?

2. What does her mom say about soda?

3. Why is soda bad for your teeth?

4. What does she like the most?

5. Does she like carrots?

Reading



B. Put the sentences in the right sequence according to the reading.

a. She likes soda but her mom says it is not healthy to drink all the time.

b. Jessica's mom doesn't let her eat a lot of candy either. _

- c. She says it is bad for your teeth because it has too much sugar in it.
- d. Her mom says that carrots are good for your eyes. __
- e. Jessica drinks water every day.
- f. She likes green vegetables the most.
- g. She carries a bottle of water with her everywhere she goes. _
- h. She does not like carrots.
- i. She likes to eat vegetables with every meal.

C. There is one, or more than one, error in each sentence. Find the error or errors and write the sentences correctly according to the reading.

1. Jessica drinks milk every night.

2. She carries a carton of milk with him everywhere she goes.

3. She hates soda but her teacher says it is not healthy to drink all the time.

4. She says it is bad for your tooth because it has too much salt in it.

5. If she wants something sweet, she eats a piece of candy.